

LET'S TALK ABOUT VACCINES!

DO YOU LIVE WITH A CARDIOVASCULAR CONDITION?






» DID YOU KNOW THAT...


- Individuals with cardiovascular diseases are at higher risk of severe complications and death from vaccine-preventable diseases?
- Non-vaccination increases the risk of developing secondary infections that may lead to permanent heart damage?
- In the few days following flu infection, the risk of a heart attack in adults is 10 times higher, and the risk of stroke is eight times higher?
- Influenza vaccination can reduce this risk by 15–45%?
- Influenza can cause other severe complications like pneumonia, diabetic crises or general functional decline?

» THE FOLLOWING VACCINES PROTECT YOU FROM THESE DISEASES AND OTHER COMPLICATIONS, AND OFFER YOU IMPROVED QUALITY OF LIFE:



-  INFLUENZA
-  COVID-19
-  PNEUMOCOCCAL

ROUTINE BOOSTER:

-  TETANUS, DIPHTHERIA AND PERTUSSIS (Tdap)

» THINK ABOUT THE FOLLOWING QUESTIONS:



Do I know which vaccines I can get to protect me from preventable diseases and help me have a better quality of life?

When was the last time I received my vaccines?

Do I need to be vaccinated again if I already got vaccinated last year?

What can I gain from getting vaccinated?

How can a vaccine prevent my condition from worsening?

Do I have any concerns about the safety or the efficacy of vaccines?

ASK YOUR PHARMACIST FOR ADVICE ABOUT VACCINES!

For more information and supporting references, check the FIP vaccination microsite: www.fip.org/letstalkaboutvaccines

