LET’S TALK ABOUT VACCINES!

DO YOU LIVE WITH A CARDIOVASCULAR CONDITION?

» DID YOU KNOW THAT...

• Individuals with cardiovascular diseases are at higher risk of severe complications and death from vaccine-preventable diseases?

• Non-vaccination increases the risk of developing secondary infections that may lead to permanent heart damage?

• In the few days following flu infection, the risk of a heart attack in adults is 10 times higher, and the risk of stroke is eight times higher?

• Influenza vaccination can reduce this risk by 15–45%?

• Influenza can cause other severe complications like pneumonia, diabetic crises or general functional decline?

» THE FOLLOWING VACCINES PROTECT YOU FROM THESE DISEASES AND OTHER COMPLICATIONS, AND OFFER YOU IMPROVED QUALITY OF LIFE:

- INFLUENZA
- COVID-19
- PNEUMOCOCCAL

- ROUTINE BOOSTER:
  - TETANUS, DIPHTHERIA AND PERTUSSIS (Tdap)

» THINK ABOUT THE FOLLOWING QUESTIONS:

- Do I know which vaccines I can get to protect me from preventable diseases and help me have a better quality of life?

- When was the last time I received my vaccines?

- Do I need to be vaccinated again if I already got vaccinated last year?

- What can I gain from getting vaccinated?

- How can a vaccine prevent my condition from worsening?

- Do I have any concerns about the safety or the efficacy of vaccines?

ASK YOUR PHARMACIST FOR ADVICE ABOUT VACCINES!

For more information and supporting references, check the FIP vaccination microsite: www.fip.org/letstalkaboutvaccines