

LET'S TALK ABOUT VACCINES!




DO YOU LIVE WITH ASTHMA OR COPD?



» DID YOU KNOW THAT...

- Individuals with asthma or COPD are at higher risk of severe complications and death from vaccine-preventable illnesses due to their narrowed, mucus-filled airways?
- Non-vaccination increases the risk of developing secondary infections that may lead to permanent lung damage, pneumonia, worsening of the pre-existing condition and hospitalization?
- People living with asthma should be vaccinated against flu every year?
- Influenza can worsen the inflammation in your airways and lungs, and trigger asthma attacks or aggravate asthma symptoms?

» THE FOLLOWING VACCINES PROTECT YOU FROM THESE DISEASES AND OTHER COMPLICATIONS, AND OFFER YOU IMPROVED QUALITY OF LIFE:

-  INFLUENZA
-  COVID-19
-  PNEUMOCOCCAL







ROUTINE BOOSTER:

-  TETANUS, DIPHTHERIA AND PERTUSSIS (Tdap)



» THINK ABOUT THE FOLLOWING QUESTIONS:



-  Do I know which vaccines I can get to protect me from preventable diseases and help me have a better quality of life?
-  When was the last time I received my vaccines?
-  Do I need to be vaccinated again if I already got vaccinated last year?
-  What can I gain from getting vaccinated?
-  How can a vaccine prevent my condition from worsening?
-  Do I have any concerns about the safety or the efficacy of vaccines?

ASK YOUR PHARMACIST FOR ADVICE ABOUT VACCINES!

For more information and supporting references, check the FIP vaccination microsite: www.fip.org/letstalkaboutvaccines

