

LET'S TALK ABOUT VACCINES!

DO YOU LIVE WITH DIABETES?



» DID YOU KNOW THAT...

- The immune system weakens with diabetes, which reduces your body's ability to fight infections?
- Individuals with diabetes are at higher risk of severe complications and death from vaccine preventable illnesses, as these conditions can lead to uncontrolled blood sugar levels?
- Influenza is an aggravating factor for diabetes?
- People living with diabetes are three times more likely to be hospitalised in case of flu and are six times more like to die from a flu infection compared with people without diabetes?
- Influenza vaccination is associated with reduced cardiovascular mortality in adults with all types of diabetes?

» THE FOLLOWING VACCINES PROTECT YOU FROM THESE DISEASES AND OTHER COMPLICATIONS, AND OFFER YOU IMPROVED QUALITY OF LIFE:



- INFLUENZA
- COVID-19
- PNEUMOCOCCAL

- ROUTINE BOOSTER:
- TETANUS, DIPHTHERIA AND PERTUSSIS (Tdap)

» THINK ABOUT THE FOLLOWING QUESTIONS:



- Do I know which vaccines I can get to protect me from preventable diseases and help me have a better quality of life?
- When was the last time I received my vaccines?
- Do I need to be vaccinated again if I already got vaccinated last year?
- What can I gain from getting vaccinated?
- How can a vaccine prevent my condition from worsening?
- Do I have any concerns about the safety or the efficacy of vaccines?

ASK YOUR PHARMACIST FOR ADVICE ABOUT VACCINES!

For more information and supporting references, check the FIP vaccination microsite: www.fip.org/letstalkaboutvaccines

